

SOLTERRA LA CHOLLA

MONTH OF:	12-Dec	13-Dec	14-Dec	15-Dec	16-Dec	17-Dec	18-Dec
Dec-16	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meal Times:	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
7:30-8:30 11:30-12:30 4:30-5:30	Assorted Juice Assorted Cereal Toad in a Whole Bacon Fruit	Assorted Juice Assorted Cereal Breakfast Croissant Fruit	Assorted Juice Assorted Cereal Assorted Fruit and Yogurt Plate Danish	Assorted Juice Assorted Cereal Scrambled Eggs Toast Bacon Fruit	Assorted Juice Assorted Cereal Waffles Sausage Toast Fruit	Assorted Juice Assorted Cereal Blueberry Pancakes Bacon Fruit	Assorted Juice Assorted Cereal Raisin French Toast Bacon Fruit
BREAKFAST ALTERNATIVES:	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Eggs any Style Muffins Yogurt	Beefy Chili served in a bread bowl	House Salad Shepherd's Pie Topped with Home made Biscuits	Chicken Enchiladas Spanish Rice Red Beans	Grilled Sonoran Hot Dog Baked Chips	Holiday Buffet 12-2pm	House Salad Stuffed Peppers Rice Mixed Vegetables	Herb Roasted Chicken Baked Sweet Potato Corn
LUNCH & DINNER ALTERNATIVES:	Fruit Crisp	Peach Turnovers	Roasted Apples with Maple- Cream	Orange Dream Float		Boston Cream Pie	Apple Pie
Fish and Chicken on request Assorted Snacks and Sandwiches	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
AVAILABLE BEVERAGES: Orange Juice/Pineapple/Apple Cranberry Juice/Prune Juice/V-8 SF. Apple-Rasp/Lemonade Reg. Coffee/Decaf. 2%Milk/ Fat- Free Milk	Tuna Salad Platter Assorted Crackers Cookies	Stuffed Meatloaf Roasted Potatoes Green Peas Brownies	Fish Sandwich on Toasted Bun with lettuce, tomato and tartar sauce Lemon Pie	Turkey Sandwich on rye bread Lettuce, tomato and red onion Sweet Potato Fries Pudding	Garlic Bread Cheese Ravioli Meatballs Fruit Pie	House Salad Chicken Noodle Casserole Fruit Cup	Dinner Roll Swedish Meatballs Egg Noodles Sautéed Cabbage Cookies
SOUP OF THE WEEK:	Fish of the Week: Crab Cake						
Beef Vegetable							
							